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Delivery to participants and spectators at PPS Middle School Championships

Dear Swimmers, Guardians and Coaches:

Three cheers to you for completing the middle-school season and competing in today's championships. Hopefully, you choose to continue swimming, as we'd love to see you at 11:30 am on Saturday at PPS Oliver High School on the Northside.

You are invited to sign-up for a brand-new, All-City, Aquatics All-Star Team!

First meeting and swim clinic is this Saturday, January 27, 2018, from 11:30 to 1 pm on the Northside at PPS Oliver High School, 2323 Brighton Road, 15212.

Second meeting and clinic is next Saturday, February 3, 2018, from 11:30 to 1 pm at PPS Oliver.

If interested, call, text or email.
Or, sign-up in advance at Play.CLOH.org/rsvp.

We are seeking 25 or more middle-school athletes, boys and girls, of any swimming ability, for this low/no cost program. It is a labor of love from the coach(es). We hope to organize the swimmers, guardians and boosters for an All-Star experience with specialized practices, coaching, training, and lots of play and competitions. We'll swim, exercise, use technology tools. We'll also learn, practice and play water polo and SKWIM, a water-disk game. We stress sportsmanship, teamwork, and conditioning with help of digital badges. Playing well with others happens with in-house meets and game-days -- if we get your support and your participation.

Expect more information at the first clinics. Other practice opportunities in other city neighborhoods are possible too. Call with questions. See Swim.CLOH.org.

Boost your fitness, swim knowledge, circle-of-friends, swim speed and aquatic game-play so that you can become a future lifeguard and a stronger varsity athlete, in any sport.

Thanks for the consideration.

Coach Mark Rauterkus