# Application for PPS Summer Dreamers Academy 2020 for SKWIM & Water Polo with The Pittsburgh Project and Coach Mark Rauterkus

#### Cover Page:

### SKWIM & Water Polo by Coach Mark Rauterkus and The Pittsburgh Project

Activity Name: SKWIM & Water Polo

Desired Number of Campers Per Block: 120.

Desire only double-block. Desire 60 campers at Camp South Hills and 60 at Camp PCA.

Preferred Block Type: Only interested in doing double block activity. Transition time is needed to change into and out of swim suits.

Preferred Site: Only interested in holding SKWIM & Water Polo at schools with pools.

For 2020, this includes both: Camp South Hills with access to the on-campus pool at Brashear High School and Camp PCA.

On Site: Activities are 95% on-site, with the exception of limited, off-site/cross-site, game-days & water carnival competitions.

Preferred Grades: Grades 3, 4, 5. Older students are preferred. Grade 2 is okay, but less desired. We want the greater majority of the kids to be tall enough, to be able to stand in the shallow end of the pool.

Total Proposal Cost:  $$266.60 \times 60 \text{ students } \times 2 \text{ sites} = $31,992$ 

Total Proposal Cost per 75-minute block = \$133.

#### **Descriptive Blurb:**

At the always productive and popular SKWIM & Water Polo Camp, directed by Coach Mark Rauterkus, students learn and improve swimming abilities, knowledge of aquatic game play and fitness. SKWIM (played with a disk) and water polo (with a ball) are teamwork games. We race, dive and stress passing, defense, sportsmanship, water safety, goal setting, and online literacy. Plus, we keep an eye on the daily sports news leading to the 2020 Summer Olympic Games in Japan.

#### **Cover Letter:**

Coach Mark Rauterkus Head Lifeguard at The Pittsburgh Project 2801 N Charles Street Pittsburgh, PA 15214 412-298-3432 = cell Mark@SKWIMusa.org

January 22, 2020

Dear Administrators and Selection Committee for PPS Summer Dreamers:

Students in SKWIM & Water Polo gain valuable, life-saving skills that can lead to a lifetime of enjoyment in-and-around the water, as well as future employment as a lifeguard.

Too many kids can't swim. The number of deaths in the water, both a pools and in natural settings, are too high. The statistics report that the water is especially dangerous within the ranks of the poor, African-Americans and adolescent males. We need to teach all our kids how to swim and gain a respect for the water for public safety sake.

The Center for Disease Control and Prevention reports that drowning is the leading cause of accidental dealth for children under the age of 4 and second leading for children under that age of 14. Seventy-nine percent of children in households with incomes less than \$50,000 have little-to-no swimming ability. Research shows that 64% of African-American children have little to no swimming ability.

Formal swimming lessons reduce the likelihood of childhood drowning by 88%. Furthermore, Summer Dreamers in water polo are always able to swim in the deep end by the end of camp, and often by the second week. Our high expectations and use of googles, fins, paddles, kick-boards, individual and group challenges and the clever e-course, Get Your Feet Wet – Swimming, zooms our progress. Many lessons and examples of the supporting digital learning are of our own show-off students, helping to connect the learning.

Knowing how to swim, and swim well, have so many benefits. Our efforts that advocate for more aquatic opportunities for kids includes the release of a list of more than 160 reasons why students should join their schools' swim teams. This list (see <a href="https://swim.CLOH.org/why-swim">https://swim.CLOH.org/why-swim</a>) holds true for this offering at Summer Dreamers. The quality experience and the consistency of practices at SKWIM & Water Polo Camp rivals the rigor and excitement provided to those who participate in their PPS middle-school swim teams.

SKWIM and Water Polo game-play acts like rocket-fuel for the overall experience. Game-play engages and reinforces far more with our students than what the races of competitive swimming provides. We race too. The values with the sportsmanship, teamwork and rules coding changes are wonderful problem solving situations to witness among the youngsters.

In 2020, we want to return water polo to the PPS Summer Dreamer line-up because the staffing situations have been resolved through long-term persistence and partnership efforts from efforts with a large cadre of others that include: Lifeguard Workforce Development / Learn & Earn, Citiparks Aquatics, Allegheny County Parks, The Ellis School, Chatham University, International Swim Coaches Association, American Water Polo, SKWIM USA and by far, the most important, our hosting sponsor, The Pittsburgh Project.

In the recent summers, swim instruction and pool operations on the Northside at The Pittsburgh Project has been successful. Capacity building efforts with staffing and procedures now allow for the necessary guards and instructors. We are excited to offer the programs again. Water polo was part of the first eight years of PPS Summer Dreamers.

Thanks for the opportunity to serve our children, again, in 2020.

Sincerely yours,

Coach Mark Rauterkus 412-298-3432 = cell

#### Implementation Plan

### a. Vision for the program and goals

Students learn how to swim and get to swim every day. Practice at the pool includes group lessons and skills instructions. Activities include fitness components, water skills, demonstrations and challenging play in the water. Students become aquatic athletes and compete in races, SKWIM and water polo. in mental and physical, whole-body, kinetic activities.



### b. Campers do the following - in the pool:

- 1. Listen and huddle to understand the plan for the activities for the session.
- 2. Exercise and do warm-up moves, learning a bit of yoga and range of motion with the muscles. Routines are established and reviewed.
- 3. Enter the pool and do some fitness with running, kicking, drills.
- 4. Get a swim lesson.
- 5. Cap-up happens when the students are put into teams.
- 6. Games are played, especially SKWIM and water polo.

### b. Campers do the following – out of the pool:

c. Campers dry time has work on literacy projects. This includes safety lessons, digital literacy on tablets and computers with the online courses, Get Your Feet Wet – Swimming, and Goal Setting Digital Badges. Plus, yoga, fitness awareness, and Olympic awareness and reading occurs. Swimmers get to do reflective writing on their experiences. Finally, A for Athlete artwork and activities happen.

#### b. Campers learn to be an athlete and play well with others:

Campers learn how to swim well. Also: How to progress in an online course. How to handle digital media and photos. How to play well with others. How to learn new games, new rules, new coding of skills and actions. Also, campers get to learn how to be an athlete on a team with coach, teammates, strategies and witness teamwork. Students understand what it is like to win, lose and face challenges with unknown outcomes.

#### c. SKWIM & Water Polo Camp is unique, fun, exciting and educational because:

Few of our city kids ever get an opportunity to take swimming lessons. Few get to use fins, play SKWIM, have team experiences. The game play is super fun and exciting because the coaches keep it interesting.

#### d. SKWIM & Water Polo is accessible to all.

Water is the most fantastic setting for adaptive training. We use flotation devices for those that need it too.

#### e. Campers are engaged in and excited with SKWIM & Water Polo

Every day is a little different. Teams change. Rules change. The games and lessons are dynamic. Skills build on each other and evolve. We keep the kids moving and focused. When the kids get in the water, they leap into a pool of total engagement. In our team games, we stress that all of the players staying in the game for the sake of their team. One PPS teacher said, "It is impossible for kids in water polo to misbehave because they all are so into their efforts."



#### f. By the end of camp, campers know how to:

Swim in the deep end of the pool, dive, race a few different strokes, play SKWIM, play water polo, understand offense and defense. They also learn how to log on, track progress and submit reflective writing on our web applications. Students also learn and get exposed to a hundreds of new sports terms.

# g. By the end of camp, campers have created plenty of internal changes by using new muscles and having new team experiences. Plus there are these external creations:

Swimmers earn medals, trophies and digital badges. Campers also work with A for Athlete art elements and become aware of the events, teams and some of the personalities in the upcoming Olympics. Campers are also able to contribute videos and photos of themselves and their friends into our ebooks and lessons, especially, Get Your Feet Wet – Swimming.

# h. Highlighting the campers efforts at the end, and on the last days, comes with game day competitions.

Guardians are invited to watch our final day. All of the swimmers choose a role and get to play in a water polo game, SKWIM game or else do a swim race. Everyone is involved. Spectators are present.

# i. Connected writing is part of the week's activities and it happens in stadium-sized segments.

We write on an Android tablet or in the computer lab – and migrate content to the internet. Writing has been fully digital. Comments are put with photos and made into online posters / banners.

We've also had successful experiences creating murals and the A for Athlete letters. Thse physical pieces are large and enduring. We'll unfurl murals, banners, letters and photos from past years to draw inspiration and allow the creative expressions of the students to be showcased this year with a group statement piece with impact.

### j. Motivation with campers

Motivation has never been a problem. Additional evening and weekend as well as activities in August and the Fall, with competitions among other teams, gets those with interests to push to higher levels.

#### k. General strategies to promote positive camper experiences includes:

Awards, rewards and honors with medals, trophies, ribbons. Plus, we issue digital badges for major milestones.

The number one, one-word statement is, "Try."

The number one, two-word statement from coaches is, "Try again."

### 1. Parents and guardians get updates with plenty of options.

We'll have a newsletter at start and mid-camp. We'll share my cell phone number. We invite families to evening and weekend events at local pools, such as in the Hill District on Tuesdays and Thursdays at Citiparks Ammon. Plus, we'll play family SKWIM games on Saturdays and Sundays on the Northside outdoor pool operated by The Pittsburgh Project.

# m. I've been a fixture of dedication to work with the leadership of PPS at Summer Dreamers and beyond.

We care. We are honest. We are open. We've demonstrated these traits and our devotion to swimming in the city for decades. We're going to do our best to give the students in the district the best water experiences possible.

#### 2a. SKWIM & Water Polo is aligned with the outcome goals.

Swimming makes kids life ready. Water covers 4/5<sup>th</sup> of the world. Swimming and water safety knowledge keeps kids alive while on vacations, in storms, while boating, near the rivers. Swimming well and getting good experiences at the pools helps to prepare kids for later jobs as lifeguards, a life-ready preparation. Lifeguarding is a workforce certification. We'll chalenge the kids to earn a digital badge that covers the skills needed for the Lifeguard Prerequisites: swim 300 yards without stopping, tread water for 2-minutes without the hands, and pick up a brick off the bottom of the deep end of the pool.

Going to college means taking psychology, biology, and wellness classes that – and all of those topics are a part of SKWIM & Water Polo's swimming, as is biomechanics, physics, math and reading.

The strength of character part of the mission comes with our game play, teamwork, sportsmanship emphasis. SKWIM and water polo are sports of integrity. The SKWIM lifering highlights the values of safety, spirt and sportsmanship on the outside. Then the eight segments of the ring are in red: Team, heart, mind, body. In white: Fortitue, Justice, Prudence, and Temperance.

All children can learn at high levels. We feel all PPS students should be able to swim well, and our campers will be able to join their school's swim teams.

Teachers need ample training, as per a district belief, and we hope that 2020 provides opportunities to train new leaders for the aquatics program for the years to come. A number of the former staff members from Swim & Water Polo have finished their formal education and have returned to work with PPS years later.

The swim pool is a community laboratory for learning about being safe and healthy.

Families are an essential part of the education, and SKWIM is a world-wide leader in making water safety a fun family activity. We are going to hold multiple, bonus, family activities every week throghout the summer.

2b. SKWIM & Water Polo is aligned with the mission, vision, beliefs and stratigic plan of PPS.

### 3a. The connected writing project with SKWIM and Water Polo is robust.

Connected writing includes reflective writing. See the input form, <a href="https://play.cloh.org/input/">https://play.cloh.org/input/</a> Ideas to write about: <a href="https://play.cloh.org/2017/05/31/connected-writing-ideas/">https://play.cloh.org/2017/05/31/connected-writing-ideas/</a>

Examples from past year at Camp King, <a href="https://cloh.org/wp/archives/connected-words-and-actions-at-swim-water-polo/">https://cloh.org/wp/archives/connected-words-and-actions-at-swim-water-polo/</a>

U-Prep Camp connected writing, <a href="https://cloh.org/wp/archives/highlights-from-camp-u-preps-connected-writing-via-coach-april/">https://cloh.org/wp/archives/highlights-from-camp-u-preps-connected-writing-via-coach-april/</a>

By the way, we get approval from guardians for posting photos and comments from the students.

# 3b. The PPS staff gets to provide support for the connected writing efforts of SKWIM & Water Polo by doing the following:

Arranging and allowing and supervising access to the computer labs at the school for certain periods for certain groups of kids. For example, half the kids might go on Monday from 1 pm to 1:45 and the other half might go at the end of the day, from 3 to 3:45 pm on that same day.

Arranging, allowing and supervising iPad access or a iPad cart at the school for certain periods for certain groups of kids.

Arranging for log-in insights for the Android tables that we bring to the classes. Has been done in the past.

Arranging for some on-school storage spaces for our tech tools as well as our artwork deployed at camp.

Providing the main editing and review of submitted materials from the students before posting that content for others to see. Writing process assistance with drafts.

Becoming and staying aware of the online learning resources being offered to the students in our suite, such as ebooks, quizzes, concept maps, courses, and pointers to other instructional videos. We provide a depth of enrichment pointers that some of the students gladly absorb and interact with at home and on the weekends.

# 4a. Schedule: General description of each week of programming, including sample learning objectives and activities, including connected writing.

Week 1: Freestyle, Deep water testing and badges, throughout. Get Your Feet Wet – Swimming (course)

Week 2: Breastroke, SKWIM Level 1 quiz and water skills Reflective writing

Week 3: Backstroke, SKWIM Level 1 quiz and water skills A for Athlete, vocabulary, design & artwork

Week 4: Butterfly, SKWIM Level 1 quiz and water skills Yoga and exercise ebook efforts

Week 5: Racing, Pre-Lifeguard water skills badge/test Stroke counts place race and performance charting – Math & Time

# 4b. Detailed plan for one day with times allocated to activities and what campers are doing.

12:30 pm, finishing lunch, meet coaches, socialize, attendance

1:00 pm, opening tech tools (such as Android devices or iPad), logging on, resuming course, taking, editing of prior photos and captions to photos. Publishing assistance.

1:30 pm, transitions from classroom space to the pool areas for light exercises. Visit the locker areas.

2:00 pm. Suits on, exercise routines, strength building, fitness efforts.

- 2:15 pm. In water fitness. Running, jumping, walking on hands, swimming with a buddie holding onto one's foot.
- 2:30 pm. Swimming lesson with review of the prior efforts and new insights, demonstrations, repeated opportunities to get feedback from instructors.
- 3:00 pm, Water break and game prep. Rules announced. Division into teams. Skills practiced.
- 3:15: Game play. Working on teamwork, sportsmanship, energy and effort in the game.
- 3:45: Exit water, hit locker areas and transition to buses.

## 4c. Time is utilized effectively to maximize learning and engagement at SKWIM & Water Polo because:

Students can wear their swim suits to school under their clothing for quick changes / transitions to swimming.

Free time is frowned upon. We are preparing for an end of season and post-camp challenge with other kids.

The prior art elements from A for Athlete are already built, to some level of completion. So, it is easy to see and witness past work and how to contribute in the process.

Demonstrations and show-off swims give swimmers a micro-break to catch one's breath, see what is ideal and to improve upon, and then resume action.

The online course teaches vocabulary and puts the concepts into the heads of the students before trying them at the pool.

Fins, floating life-jackets, kickboards, hand paddles, SKWIM goals, disks, balls and other equipment speeds progress in execution with the skills.

# 4d. The activity block is structured most of all, by location, but also by coaching leadership.

Students get to listen to different voices throughout, from teachers, to instructors, to coaches, to officials, to teammates, to fans.

### 4e. The proposed activite is rolled out on all 27 days, but it evolves as the skills improve.

We swim every day. Early minutes is for floating and just getting one's face under the water. But as the weeks pass, we are gliding and counting our strokes to go across the deep end with confidence. We dive in the water after we jump, but we slide in the pool on the first day. Full games of water polo are played after the ball handling is understood and practiced. Passing and shooting happens early, but it all comes together as we play the games. SKWIM is far easier than water polo. We do that first. Swimming freestyle is easier than doing an individual medley, but by the end, we strive to do it all with all the students.

#### 5a. Camper and Staffing Model includes a target of 60 students at each camp site.

The swim pool is busy and in use as much as possible every day, but the major group is divided into two squads of 30 students. With the 6-lane, 25 yard pools, we can fit 30 swimmers in the pool with comfort. Meanwhile, the other 30 are doing dry-land work and academic efforts.

The pool staff includes more people than that of the dry-land activities. So, the lifeguards are at the pool as much as the kids are at the pool, obviously.

With 60 students, we'd have a total of 6 coaches, instructors, lifeguards. Two would be with the squad out of the water and four would be with the squad at the pool.

On occasion for special game days, we'll take all the students to the pool for competitions at the same time and have up to five squads. At the pool, we can put 4 squads into the games in the same time, with two games happening simultaneously.

#### 5b. We'll want to have 6 or more staff members for 60 students.

It would be great to have PPS support for one staff member, giving then, a total of seven or more for the students. Six of the staff members would be from the provider.

#### 5c. Positions, roles, responsibilities of staff, including PPS teachers.

- 1. Executive Head Coach, Mark Rauterkus, hires, plans, coaches when present, about half the time at each site.
- 2. Head Coaches, the prime leaders for half the students (could be BOYS Head Coach / GIRLS Head Coach for the sake of this example). Lead the squad. Officiate the practices. Coach the kid and coach the other instructors.
- 3. PPS Teacher, edit the literacy efforts, help with attendance and roll taking and discipline. Assist at the pool with students when present at the pool and locker areas. Some PPS teachers don't want to get wet.
- 4. PPS Water Teacher, if possible. A second PPS person to be more at the pool as the kids are at the pool. Some PPS teachers have been fantastic in the pool and with the entire scope of the activities.
- 5. Lifeguard(s). One or two are assigned lifeguard duties and they watch the pool and deck areas to insure safety. At time, lifeguards can interchange roles with swim instructors if both are certified. So, Sam might guard from 1 to 2:30 and then when Sally comes to guard, Sam can join in with the swim coaching and game-play activities.
- 6. Instructors. Swim instructors help to guide the swimmers in the water with coaching, encouragement, feedback. Often the instructors are able to play in the games and demonstrate as well to the students. Instructors help in the pool, with exercises, at lockerareas, and in the classrooms / computer labs and move with the flow with the students from lunch room to buses. Each site has at least one instructor, more if possible. Helps if these instructors are varsity or JV swimmers.

7. Team Captains are junior lifeguards and helpers in the program. Same roles as instructors above. Paid less, often volunteers.

#### 5d. Staffing structure:

Instructional branch: Executive Head Coach → Head Coaches and PPS Teachers → Instructors → Team Captains

Safety branch: Executive Head Coach → Lifeguards → Junior Lifeguards

# 5e. Program staff is selected through efforts of the provider, The Pittsburgh Project lifeguard staff

The Pittsburgh Project needs a lifeguard staff to operate its outdoor swim pool on the Northside. It recruits and trains adults and college students for those positions. In 2020, we expect to be able to deploy some of the recreational leaders to our efforts at Summer Dreamers. Plus, we hope to use the aquatic internship to attract others to come to Pittsburgh to work on these efforts.

Program staffing is a robust, year round activity that has involved a Lifeguard Recruiting Initiative and relationships with plenty of others in aquatics.

In 2019, the annual payroll of The Pittsburgh Project was more than \$900,000.

# 5f. Training for staff is with lifeguard certification as needed and ongoing with lesson prep.

Each year, our efforts train dozens of people to become lifeguards. The course is generally a 20-plus hour investment, with the guarding, first aid, CPR and AED skills covered. Everyone on our staff does not need to be lifeguard certified, but we'll strive to get a majority able to be lifeguards as they'll also be working at other times throughout the summer at our other facility.

The staff training happens as the pools open in the end of May. So, by the time we meet with our students on the first days of SDA camp, our staff has a clear understanding of how our program operates.

Most of our staff has swim team and water polo team experiences too. So, we often hire and recruit from the ranks of college swim teams, if not other professional swimming coaches.

#### 5g. To ensure high average daily attendance, we will do the following:

Offer a great program that stresses that the skills and activities build upon each other, day to day. Our attendance in past years has always been exceptional. The kids appreciate the experiences and want to come back to play the next day. So, we project a vision for the efforts so that they have a purpose and are getting ready for some extra competitions.

We will call and email the guardians and homes of students who are missing.

We can monitor the progress of the students who do not make strides in the online course.

We will strike up a series of invitations to the families so that we can build a better relationship with use of swimming opportunities in the evenings and on the weekends.

#### 6a. Facilities and Materials needed include:

Swim pool. We propose two camp sites, both with indoor swim pools: Brashear and PCA. Locker areas. Both schools have pool locker-rooms near the pools.

Classrooms / Computer labs. In the past, we've had some good access to the technology with a computer lab so that we can show video, do our connected writing and other literacy efforts. We need a classroom so we can huddle with the tablets and share lessons with the students.

## 6b. SKWIM & Water polo is an on-site provider, with game-day / field trip exceptions.

We'll be on campus for the super-majority of the time, walking to the pool from the lunch areas, or exercise areas, or classrooms.

With signed permission slips from guardians, we'll want to be able to take students off campus for a field trip to special athletic events. In the past, we ran in the Liberty Mile Road Race, we've watched senior level swim meets, seen competitive water polo games, and best of all, gone to other camp sites to play our team against another Summer Dreamers SKWIM and Water Polo squad in a legit game. So exciting.

Given that our two camp locations, Brashear and PCA, are, according to Maps.Google.com, less than 5 miles from each other, a 10-minute drive, we want to be able to obtain bus or vans and transport some of the students from one site to the other for games days. Likewise, another group would flip-flop and go to the other site as well. Logistics would be simple. Permission expected.

Given that the camp locations of Brashear and PCA are, according to Maps.Google.com, less than 7 miles and 15-minutes away from The Pittsburgh Project on the Northside, we want to be able to transport, for a special game-day experience, with prior permission slips from guardians, our team to that site for structured competitions.

Field trips would occur no more than one time per week.

# 6c. Transportation needs to field trips can be paid by grant, sponsors or with vans from The Pittsburgh Project.

The Pittsburgh Project owns its own vans.

Or, we could contract with the bus company that is working SDA so as to arrange for extra trips to and from the sites and pay the costs involved out of our contract.

In past years, we had a sponsor who was able to pay for the buses to transport the students.

#### 6d. Off-site locations

The Pittsburgh Project is on North Charles Street on the Northside. The park setting there includes its own outdoor swim pool.

Should the swim pools at Brashear or PCA be unavailable for some unknown reason, highly unlikely, then we should make other swim pool access arrangements to keep the students swimming. In the past we've taken our campers to Citiparks pools and a few are in the area. In the past, we've also taken our swimmers to other PPS pools. For example, we might be able to go to Allegheny, Carrick, Langley or another PPS pool in the vicinity. One year our campers went from Faison to Westinghouse. Another year Dreamers went from Faison to Greenfield. PPS has 15 indoor swim pools throughout the district.

#### 6f. Equipment, materials and supplies for SKWIM & Water Polo include:

SKWIM fins, SKWIM goals, SKWIM head-bands, SKWIM disks – We own many as Coach Mark Rauterkus is the Executive Director of SKWIM USA, a national nonprofit.

We also own water polo balls, caps and goals. Some new water polo goal equipment is being made to be sold as well.

We own paddles, medicine balls and some other fun tools for exercising.

We own a suite of Android tablets.

We have some scoreboard tech, stop watches, wearable and other interesting devices to share lessons with the students too.

We own the A for Athletes art materials.

We own rights to many ebooks and online courses, Get Your Feet Wet – Swimming.

Some equipment is going to need to be purchased so as to replace wear and tear or damaged goods too. We'll buy some new disk, balls and supplies. We'll also spent money to buy swim goggles, caps / headbands and suits from time to time.

### 6g. PPS equipment:

We would like to be able to get on loan, some PPS equipment, as as been the case in the past. Kick boards, pull-boueys, extra fins, and extra lifejackets, lane lines, backstroke flags, yoga mats have been made available for the course of the camp. We take care of the equipment and return it all to their homes after camp ends.

The district has provided computers in the computer labs and iPads, plus the basics of tables, chairs, classroom, field space and such.

## 4. Budget & Budget Narrative

SKWIM & Water Polo Budget, 2020

Campers	Sites	Total students	periods	PPS upper max \$	Total of contract
60	2	120	Double block	\$266.00	\$31,920.00
Line item	%	Year 2020			
Personnel	0.75	\$23,940.00			
	0.73				
Attending Incentive		\$1,596.00			
Insurance & Overhead	0.1	\$3,192.00			
Equipment & gear	0.1	\$3,192.00			
sum	1	\$31,920.00			
Personnel					
Executive Coach	1				
head coach	4				
Instructors	5				
Lifeguards	3				
Jr. Guards	0				
Work Schedule					
role	staffing	days	hours	rate	Total \$
head coach	4	30	4	\$22.00	\$10,560.00
Lifeguards	3	27	4	\$15.00	\$4,860.00
Executive Coach	1	40	4	\$21.00	\$3,360.00
Instructors	5	30	3	\$10.00	\$4,500.00
Jr. Guards, bonus	10	1	1	\$100.00	\$1,000.00
				total	\$24,280.00
	# of staff	# of students	Students per staff		
staffing ratio	13	120	9		
staff w JR. Guards	23	120	5		

### More budget insights

Attending Incentive			
students	\$ to spend	\$ per student	
120	\$1,596.00	\$13.30	
Goggles	\$10 each		
Headband	\$3 each		
Insurance & Overhead			
students	\$ to spend	\$ per student	
120	\$3,192.00	\$26.60	

USA Swimming Flex Membership is \$20 per swimmer

Equipment & gear	\$3,192.00		
Item	unit price	Quantity	total
Fins	25	20	500
head bands	5	100	500
art supplies	1	201	201
printing	3	75	225
gas for van, trips	50	2	100
bus for field trips	433	2	866
treats	1	800	800
Summary			3192

#### 4a. Personnel costs absorb 75% of the total amount for funding of this activity.

SKWIM & Water Polo has the greater majority of its costs spent for supervision and coaching.

#### 4b. Travel and transportation

SKWIM & Water Polo is an on-site activity, only going to camp sites where the schools have swim pools. However, a few field trips are possible for game days. In this case, the pay for travel beyond the initial \$1,000 or so is to be made with sponsor money. Some gas costs are put in the budget to move around equipment, such as goals, balls, disks. And, we could use vans to transport the campers to other sites for game days.

#### 4c. Equipment, materials and supplies

No reimbursement in needed for non-consumable good.

#### 4a. Cost per camper served

The cost per camper served is \$266.

### 4b. The budget is transparent and this RFP proposal is on the internet too.

See <a href="https://CLOH.org">https://CLOH.org</a>

#### 4c. Explanations or assumptions for proposed costs.

The exact insurance provider is yet to be determined. A number of sources are available including that from USA Swimming, SKWIM USA, American Water Polo and The Pittsburgh Project.

#### 4d. Cost related to positive attendance should be at least 5% of the budget total.

One of the incentives for attending is to permit those with good skills and good attendance to earn a spot on the 'travel team' for game days with the other campers at the other site. We'll also have treats for those that attend that can't be provided for those that miss out. One such treat is a head-band, perhaps.

### 4e. Field trip costs are included.

Exact costs of buses is to be determined.

#### In-kind services, expected but impossible to document at this juncture.

In the past, we've always had generous in-kind services and merchandise for the campers. New sneakers were provided to all the Swim & Water Polo players for a few years, gratis. Team t-shirts and more. The outside funding goes above the basic PPS budget parameters and is impossible to document in January 2020 for July and July.

#### 5. Qualifications and Experience bulleted list.

Water Polo, always organized by Mark Rauterkus, was a part of the first eight years of PPS Summer Dreamers. Year by year, the programs grew to a peak size of 5 sites, 35+ staffers and nearly 200 participants.

Coach Mark Rauterkus coached varsity swimming at PPS Schenley and then Obama for nearly 10 years.

Coach Mark Rauterkus now coaches middle school and high school swim teams at The Ellis School, as well as track.

Coach Mark is the head coach for the Duquesne Univ club swim team and some of those swimmers might be able to join the 2020 staff.

Coach Mark plays a lead role in the Pittsburgh Renegades Masters Water Polo squad.

#### 6. References.

Letter from Dr. K, a Sci-Tech teacher and swim coach for PPS: <a href="https://mark.rauterkus.com/wp-content/uploads/2019/03/Rauterkus-LOR-2019.pdf">https://mark.rauterkus.com/wp-content/uploads/2019/03/Rauterkus-LOR-2019.pdf</a>

Letter from Kevin McCarthy, SKWIM founder: https://mark.rauterkus.com/kevin-writes/

Testimonial from Mike Rodgers of eLifeguard.com: <a href="https://mark.rauterkus.com/mike-writes/">https://mark.rauterkus.com/mike-writes/</a>

#### 7. Work History with the District.

Mark Rauterkus has extensive work history with PPS from volunteer efforts with parent engagement committees, Athletic Reform Task Force and as a coach of swimming, water polo and golf.

### 8. Legal Actions. No legal actions have occurred in the last decade.

#### 9. Financial statements.

Copies of the proposer's audited financial statements for the 2 prior fiscal years, if applicable, or reasonable alternative are being obtained.

#### 10. Insurance requirements:

Evidence of current insurance coverage. A statement of commitment to acquire required coverage should a proposer be awarded a contract.

We have insurance and will get the coverage for the programs if the contract is awarded. In past years we obtained insurance, mostly, with American Water Polo, a PA nonprofit.

### 11. Licenses: Mark Rauterkus, lifeguard instructor trainer certification.

Others are to be provided in due time.

Red Cross Lifeguard, CPR, First Aid, obtained in March 2019, valid for 2 years. <a href="https://aforathlete.fandom.com/wiki/File:2019Mark">https://aforathlete.fandom.com/wiki/File:2019Mark</a> Rauterkus Red-Cross-Lifeguard-certs.jpg

#### 12. Joint Venture: None at this time.

### 13. W-9 Form Request for Taxpayer Identification Number and Certification.

This is going to be provided by The Pittsburgh Project, not Mark Rauterkus.

#### 14. Organization Information/ Equal Opportunity Employment information.

14a. Describe the proposing organization's equal emploment opportunity policies and programs. What is the % of women and ethnic minorities in your program?

#### The Pittsburgh Project is a Drug Free Work Place and an Equal Opportunity Employer.

The Pittsburgh Project is a neighborhood-based community development organization. Our work grows out of a broad vision for the City of Pittsburgh that informs our purpose and defines our target populations. Our vision is that Pittsburgh will be called a City of Truth where once again men and women of ripe old age will sit in the streets, each with cane in hand because of age, and where the city streets will be filled with boys and girls playing there.

Our purpose is to provide a creative learning and mentoring environment that develops Servant Leaders who will contribute to transforming their communities while also providing free social and home repair services to uphold the safety, quality of life, and dignity of vulnerable homeowners.

Founded in 1985 and incorporated in 1989, The Pittsburgh Project is recognized by the IRS as a nonprofit 501(c) (3) corporation. A fourteen-member Board of Directors, broadly representative of the community, governs the organization. In 1992, The Pittsburgh Project purchased a vacant 27,000 square foot school building that became our permanent base of operations. It houses our educational programs, homeowner services and administrative offices. In 2003, we purchased the adjacent 15,000 square foot former church building and embarked upon renovating it. It contains spaces for dining, meeting, large group gatherings, concerts, performances, and other assemblies. In 2005, we built a 22,000 square foot, LEED<sup>TM</sup> Gold certified 324-bed dorm building. It is used as our Guest House for resident programs, retreats, and conferences. In 2006, we signed a long-term lease and took over the management and operation of Fowler Park and Pool, a seven-acre city park located across from our program center. We began a park revitalization project in September 2007, which included building a new playground, community gardens, and basketball building.

Target populations of The Pittsburgh Project:

Children and youth who live in Pittsburgh.

Youth, adults, and families who participate in service learning programs.

Vulnerable homeowners who live in Pittsburgh and neighboring urban boroughs.

Our strategy for developing servant leaders among children and youth who live in Pittsburgh's urban North Side is to operate a series of asset-building, out-of-school time programs in which children and youth grow academically, relationally, and spiritually as well as to become prepared to transform culture and to serve neighbors.

We also develop servant leaders from among participants in our service learning programs, helping them become agents of renewal in their neighborhoods, schools, businesses, and churches. Through weeklong and weekend resident Service Camps, young people and adults give their whole being in service to the widowed, elderly, poor, and disabled.

To uphold the dignity of vulnerable homeowners, we provide free home repairs, visitations, and links with social services and local churches. We focus on homeowners who are economically in-need, at risk of eviction, devoid of social resources, and those who are in poor health due to advanced age or disability. We work toward ensuring that every vulnerable homeowner is able to live in a safe, healthy, and accessible home, with all the social networks needed for optimum living.

Programs from The Pittsburgh Project include:

8)

A.S.I.C. Academy and Camp (afterschool program and summer day camp for grades 1-5)

Reach Academy and Camp (afterschool program and summer day camp for grades 6-

The Underground (recreational program for grades 9-12)

Leaders in Training – L.I.T. (leadership development for grades 9-12)

Service Camps (service learning for grades 6 through adult)

Home Repair Ministry (free home repair services for vulnerable homeowners)

Fowler Park and Pool (recreational amenities and opportunities for all neighbors)

The Pittsburgh Project has been able to accomplish the following:

Repaired nearly 2,000 houses occupied by vulnerable homeowners at no cost to them.

Trained more than 36,000 student volunteers and deployed them for acts of service among elderly, widowed, poor, or disabled homeowners.

Invested more than 700,000 volunteer construction hours in the homes of vulnerable homeowners.

Cared for and trained more than 1,700 North Side children and youth through preventive and proactive asset-building programming.

Trained and deployed more than 6,000 volunteers for mentoring and tutoring among urban children and youth, as well as homeowner care and visitation.

Created a college scholarship fund to assist our urban youth in pursuing higher education.

14b. No employee has been convicted of any crime or offense arising from the conduct of the organization's business.

14c. No ending criminal matters.

14d. No financial relationships with the proposing organization with any financial advisory firms, investment banks or law firms that may create of conflict of interest.